



FOR IMMEDIATE RELEASE

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UCFS Clinician Receives National Recognition

UCFS is pleased to announce that Becky Moore, LPC at the UCFS Colchester office has become nationally certified in Trauma Focused Cognitive Behavioral Therapy (TF-CBT). Trauma Focused Cognitive Behavioral Therapy (TF-CBT) is an evidenced based treatment that helps children and adolescents recover from traumatic events that have occurred in their lives. The model is a short term, structured model involving both the youth and the caregiver. Research has shown that TF-CBT significantly reduces traumatic stress symptoms in children and adolescents.

To become nationally certified, Becky met a high level of standards including successful completion of three cases, participation in a series of supervision phone calls, passing an examination on TF-CBT and a two day, intensive training on the model.

Currently there are less than 25 Nationally Certified TF-CBT therapists in the state of Connecticut.

For more information on the UCFS Colchester Behavioral Health office, please visit our website at ucfs.org or call 860-537-7676.

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