

Eligibility for Services

Families with current DCF involvement living in New London, Middlesex and Windham counties who are:

- Kin caring for children
- Core Foster Families (secondary population)

How to access services:

Caregivers are referred by DCF staff Licensing or support worker

For additional information, please contact:

Northern New London & Windham County

Carol Campbell 860.822.4285
Fax: 860.859.4420

Southern New London & Middlesex County

Mark Samos 860.884.1112
Fax: 860.581.8403

or

Director of Community Based Services

Wendy Rein 860.822.4272

Programs & Services Offered at UCFS

Primary & Specialty Medical Services

- Adult and Pediatric Primary Care
- Women's Health Services
- Geriatric Assessment & Management Program

Dental Health Services

- General & Pediatric Dentistry
- Special Smiles Dental Operator
- Smiles on the Move In School Dental Program

Outpatient Behavioral Health Services

- Counseling and Psychotherapy
- The Better Choice
- Trauma Focused Cognitive Behavioral Therapy

Community Based Behavioral Health Services

- EMPS - Crisis Intervention
- Intensive Family Preservation
- Multidimensional Family Therapy
- Early Childhood Consultation Partnership
- Child First
- Caregiver Support Team (CST)
- Parenting Support Services Program
- Family Based Recovery
- Care Coordination
- Community Network Program (CNP)

Community Outreach Services

- Access to Care Program
- The Eastern CT Medical Home Initiative
- Case Management

Eldercare Services

- Sheltering Arms
- Ross Adult Day Center

UCFShealthcare.org

The CST Program is funded by the Department of Children and Families (DCF).

Caregiver
Support
Team



Purpose of the Caregiver Support Team

- Provide support for you during your transition to a new caregiver role.
- Provide in-home, family focused services , 6 months for kin caregivers, 3 months for core foster caregivers.
- Collaborate with you to develop & implement a plan to meet your family's unique, immediate & future needs.
- Assist with development & management of a parent-child-sibling visitation plan.
- Facilitate building of relationship bridges with child's parent, extended family, school, community & providers.
- Create proactive and reactive crisis plans to help understand & manage children's and adult's challenging behaviors.

Services Provided

- Information, referrals & linkages to community resources.
- Partnering with caregivers to advocate with DCF, schools & community services.
- Family & provider meeting facilitation.
- Collaboration with caregiver, child's parent & DCF staff for visitation plans.
- Guidance & training related to caring for traumatized children.
- Therapeutic family interventions focused on transitions, grief, loss & trauma.
- Crisis response by phone 24/7 during the service period & visits 3,6,9 months after services end.

What Can I Expect?

- A meeting with your CST worker within 3 days from first contact.
- Home visits are scheduled at **your convenience** & occur more frequently during first month of services.
- Your CST worker will help you develop a support network.
- Your CST worker may ask to meet with you alone, with you & children or other family members.
- Your CST worker wants to get to know you and your family in order to be helpful.
- CST supervisors are available to you by phone or in-person.
- Good news! You don't need to clean your home, feed or entertain your CST worker!