

Eligibility for Services

Families with current DCF involvement living in New London, Middlesex and Windham counties who are:

- Kin caring for children
- Core foster families

How to access services:

Caregivers are referred by The Department of Children and Families

For additional information, please contact:

Northern New London & Windham County
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Southern New London & Middlesex County
Jackie Manthous
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Program Manager
Carol Campbell
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Programs & Services Offered at UCFS

Primary & Specialty Medical Services

- Adult and Pediatric Primary Care
- Women's Health Services
- Geriatric Assessment & Management Program

Dental Health Services

- General & Pediatric Dentistry
- Special Smiles Dental Operator
- Smiles on the Move In School Dental Program

Outpatient Behavioral Health Services

- Counseling and Psychotherapy
- The Better Choice
- Trauma Focused Cognitive Behavioral Therapy

Community Based Behavioral Health Services

- Mobile Crisis Intervention Services
- Intensive Family Preservation (IFP)
- Multidimensional Family Therapy (MDFT)
- Early Childhood Consultation Partnership (ECCP)
- Child First
- Caregiver Support Team (CST)
- Family Based Recovery (FBR)
- Care Coordination

Community Outreach Services

- Access to Care Program
- The Eastern CT Medical Home Initiative
- Case Management

Eldercare Services

- Sheltering Arms
- Ross Adult Day Center

UCFShealthcare.org

The CST Program is funded by the Department of Children and Families (DCF).

Caregiver
Support
Team

 **UCFS Healthcare**
Well-Being Redefined.

Purpose of the Caregiver Support Team

- Provide support for you during your transition to a new caregiver role.
- Provide in-home, family focused services for 6 months.
- Collaborate with you to develop & implement a plan to meet your family's unique, immediate & future needs.
- Facilitate building of relationship bridges between caregiver and child's parent(s), extended family, school, community & providers.
- Support and provide education to assist you in creating and maintaining a safe, supportive trauma-informed home.

Services Provided

- Information, referrals & linkages to community resources.
- Partnering with caregivers to advocate with DCF, schools & community services.
- Family & provider meeting facilitation.
- Collaboration with caregiver, child's parent & DCF staff for visitation plans.
- Psychoeducation and guidance related to caring for children who have experienced trauma.
- Provide therapeutic support focused on transitions, grief, loss & trauma.
- Development of crisis plans as needed.
- Crisis response by phone 24/7 during the service period. Follow-up at 6 months after services end.

What Can I Expect?

- A meeting with your CST worker within 3 days from first contact.
- Home visits are scheduled times, locations and the frequency that meets your family's needs.
- Your CST clinician will help identify and cultivate your natural support network.
- Your CST clinician may ask to meet with you alone, with you & children or other family members.
- Your CST clinician wants to get to know you and your family in order to be helpful.
- CST supervisors are available to you by phone or in-person.