

Locations

Norwich

General Administration

34 East Town Street, Norwich
860-889-2375

Rock Nook - Community Behavioral Health Programs

77 East Town Street, Norwich
860-892-7042

The Edward & Mary Lord Family Health Center

47 Town Street, Norwich
860-892-7042

School-Based Health Center at Kelly STEAM

Magnet Middle School

25 Mahan Drive, Norwich
860-934-1101

School-Based Health Center at John B. Stanton

Elementary School

386 New London Turnpike, Norwich
860-934-1107

School-Based Health Center at Teacher's Memorial

Global Studies Magnet Middle School

15 Teachers Drive, Norwich
860-934-1150

School-Based Health Center at Norwich

Technical High School

7 Mahan Drive, Norwich
860-822-4909

School-Based Health Center at

Norwich Free Academy (NFA)

305 Broadway, Norwich
860-425-5557

Eldercare Services

Sheltering Arms Residential Care

165 McKinley Avenue, Norwich
860-887-5005, ucfseldercare.org

Ross Adult Day Center

165 McKinley Avenue, Norwich
860-889-1252, ucfseldercare.org

Montville

School-Based Health Center at Montville High School

800 Old Colchester Road, Oakdale
860-822-4914

Griswold

Griswold Health Center

226 East Main Street, Griswold
860-376-7040

Colchester

Colchester Behavioral Health Center

212 Upton Road, Suite C, Colchester
860-537-7676

New London

New London Health Center

351 North Frontage Road, Suite 24, New London
860-442-4319

Plainfield

Plainfield Health Center

120-122 Plainfield Road, Moosup
860-822-4938

EMPS - Crisis Intervention

31 Dow Road, Plainfield

Willimantic

Child First & Intensive Family Preservation

Willimantic Office

322 Main Street, Suite #B2E-2E, Willimantic
860-822-4907

Centerbrook

Caregiver Support Team (CST) &

Community Network Program (CNP)

Centerbrook Office

64 Main Street, Unit A, Centerbrook
860-822-4908



Programs & Services

PRIMARY AND SPECIALTY MEDICAL SERVICES

Adult and Pediatric Primary Care

Board certified Internists, Pediatricians & Family Practice Physicians and Nurse Practitioners provide comprehensive medical services with evening hours and 24 hour on-call. The adult physicians actively collaborate with the hospitalists for inpatient care.

(860) 892-7042

Gynecology

Care provided by a Certified Nurse Midwife, Physicians and Nurse Practitioners specializing in gynecological care including: preventive, diagnostic and acute care with 24 hour on-call. The clinical team provides a wide range of specialties including: family planning, menopause, continence care, colposcopy, LEEP procedures and GYN surgery.

(860) 892-7042

Geriatric Assessment & Management Program

Evaluates the whole person, not just the disease(s) he/she may possess. Provides memory testing, counseling for the patient and family referrals as necessary. The physician works collaboratively with the patient's primary care physician. The goal of the program is to promote, restore and maintain functional independence.

(860) 892-7042

DENTAL HEALTH SERVICES

Provides comprehensive general dentistry, pediatric dentistry and preventive dental services to patients of all ages.

(860) 892-7042

Special Smiles Dental Operator

A comfortable, calming dental suite for children with dental phobia, Autism, special needs, or for children making their first visit to the dentist.

ELDERCARE SERVICES

Sheltering Arms

A residential care home for men and women 60 years of age and older. Residents receive help with personal care and medication administration from a nurse or round-the-clock resident attendants. The monthly fee covers a private room, all meals, personal laundry, housekeeping services and recreational activities.

165 McKinley Avenue, Norwich • (860) 887-5005

Ross Adult Day Center

Medical model adult day program that provides meals, therapeutic recreation, daily living skills assistance, personal care, social supports, nursing services, medication management, rehabilitative therapy, podiatry, exercise programs and beautician services.

165 McKinley Avenue, Norwich • (860) 889-1252

COMMUNITY OUTREACH SERVICES

Access to Care Program

Screens uninsured clients to determine their eligibility for insurance programs such as HUSKY, Medicaid, Access Health CT and others. Clients who may be eligible are assisted in the application process.

UCFS Health Center (860) 822-4798

The Eastern Connecticut Medical Home Initiative

Provides care coordination services to children and youth with special health care needs and their families/caregivers. Care Coordinators work with children's health care providers to link children and families to medical, educational and other community-based services.

(860) 822-4164

Case Management

Provides support and coordination of services to clients struggling with basic needs such as stable housing, food, health insurance, employment and training or barriers accessing health care services.

COMMUNITY BASED BEHAVIORAL HEALTH SERVICES

Mobile Crisis Intervention Services

Provides services for children and adolescents who are experiencing a psychiatric or behavioral health crisis.

For emergencies please call 211, for information (860) 822-4317

Intensive Family Preservation

Provides in-home risk reduction and stabilization services for families referred by the Department of Children and Families.

(860) 822-4312

Multidimensional Family Therapy

Provides intensive in-home individual and family therapy and case management services for youth and adolescents ages 9-18 years who are using substances or at risk thereof.

(860) 822-4766

Early Childhood Consultation Partnership

Provides mental health consultation designed to meet the social and emotional needs of children birth to five by offering support, education and consultation to caregivers, early childhood centers and families.

(860) 822-4325

Child First

Intensive in-home clinical services for infants and children through age five who are experiencing social, emotional and behavioral health difficulties and their families, utilizing a professional team of a Master's level Developmental Clinician and a Care Coordinator. Child First's two-generation approach builds strong, nurturing, caregiver-child relationships, promotes adult capacity and connects families with needed services.

(860) 822-4905

Caregiver Support Team

Provides intensive in-home, family focused and child specific interventions and case management to relative caregivers and secondarily, core foster families to promote family stability and children's permanency. Families are referred by DCF.

(860) 822-4272

Family Based Recovery

Provides intensive in-home services for families with children birth to 36 months who have been exposed to parental substance abuse.

(860) 822-4166

Care Coordination

Using the Wraparound team process, Care Coordination assists families who are not open in DCF in accessing and coordinating services for their child with significant behavioral health issues.

(860) 822-4301

OUTPATIENT BEHAVIORAL HEALTH SERVICES

Counseling and Psychotherapy

Provides a wide range of services (individual, couple, family and group therapy) to help clients with issues such as: grief, depression, anxiety, trauma, life crisis, parenting, divorce and separation, substance abuse, physical and sexual abuse and emotional and behavioral problems of children, adolescents and adults. In conjunction with therapy services we also offer psychiatric evaluation and medication management.

UCFS offers the following treatment modalities that recognize individual and family value goals, accommodate variation in cultural life styles and emphasize personal growth, development and situational change: Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, Eye Movement Desensitization and Reprocessing (EMDR), MATCH-ADTC, Motivational Interviewing, Seeking Safety, Social Learning, Solution Focused Therapy, Trauma Focused Cognitive Behavioral Therapy and Trauma Recovery Empowerment Model.

(860) 822-4900

The Better Choice

Provides outpatient counseling (individual, couples, family and group) for adults (18+) who struggle with gambling as well as those affected by gambling (i.e., spouse, family members and significant others). Peer counseling services are also available.

(860) 823-3094

Autism

Offers a range of outpatient health, educational and behavioral services in one location for individuals with Autism and other developmental concerns including comprehensive assessments, psychopharmacology (medication), cognitive and behavioral interventions, social skills and communication, social learning groups, multifamily and parent groups. Professionals from different disciplines strive to deliver family-centered care that is comprehensive and coordinated.

(860) 822-4793

Medication Assisted Treatment

Combines behavioral therapy and medications to treat substance use disorders. MAT services include the use of the medication Suboxone primarily, trained clinicians facilitating MAT groups using Evidence Based Practices, prescribers trained in addiction medicine, on-site laboratory collection and a recovery coach to assist clients in the recovery process.

(860) 822-4392