**Locations**

**Norwich**
- **General Administration**
  34 East Town Street, Norwich
  860-889-2375

- **Rock Nook - Community Behavioral Health Programs**
  77 East Town Street, Norwich
  860-892-7042

- **The Edward & Mary Lord Family Health Center**
  47 Town Street, Norwich
  860-892-7042

- **School-Based Health Center at Kelly STEAM**
  Magnet Middle School
  25 Mahan Drive, Norwich
  860-934-1101

- **School-Based Health Center at John B. Stanton Elementary School**
  386 New London Turnpike, Norwich
  860-934-1107

- **School-Based Health Center at Teacher’s Memorial Global Studies Magnet Middle School**
  15 Teachers Drive, Norwich
  860-934-1150

- **School-Based Health Center at Norwich Technical High School**
  7 Mahan Drive, Norwich
  860-822-4909

- **School-Based Health Center at Norwich Free Academy (NFA)**
  305 Broadway, Norwich
  860-425-5557

**Montville**
- **School-Based Health Center at Montville High School**
  800 Old Colchester Road, Oakdale
  860-822-4914

**Griswold**
- **Griswold Health Center**
  225 East Main Street, Griswold
  860-376-7040

**Colchester**
- **Colchester Behavioral Health Center**
  212 Upton Road, Suite C, Colchester
  860-537-7676

**New London**
- **New London Health Center**
  351 North Frontage Road, Suite 24, New London
  860-442-4319

**Plainfield**
- **Plainfield Health Center**
  120-122 Plainfield Road, Moosup
  860-822-4938

- **EMPS – Crisis Intervention**
  31 Dow Road, Plainfield

**Willimantic**
- **Child First & Intensive Family Preservation**
  Willimantic Office
  322 Main Street, Suite #B2E-2E, Willimantic
  860-822-4907

**Centerbrook**
- **Caregiver Support Team (CST) & Community Network Program (CNP)**
  Centerbrook Office
  64 Main Street, Unit A, Centerbrook
  860-822-4908

**Eldercare Services**
- **Sheltering Arms Residential Care**
  165 McKinley Avenue, Norwich
  860-887-5005, ucfseldercare.org

- **Ross Adult Day Center**
  165 McKinley Avenue, Norwich
  860-889-1252, ucfseldercare.org
**PRINCIPAL AND SPECIALTY MEDICAL SERVICES**

**Adult and Pediatric Primary Care**
Board certified Internists, Pediatricians & Family Practice Physicians and Nurse Practitioners provide comprehensive medical services with evening hours and 24 hour on-call. The adult physicians actively collaborate with the hospitalists for inpatient care.
(860) 892-7042

**Gynecology**
Care provided by a Certified Nurse Midwife, Physicians and Nurse Practitioners specializing in gynecological care including: preventive, diagnostic and acute care with 24 hour on-call. The clinical team provides a wide range of specialties including: family planning, menopause, continence care, colposcopy, LEEP procedures and GYN surgery.
(860) 892-7042

**Geriatric Assessment & Management Program**
Evaluates the whole person, not just the disease(s) he/she may possess. Provides memory testing, counseling for the patient and family referrals as necessary. The physician works collaboratively with the patient’s primary care physician. The goal of the program is to promote, restore and maintain functional independence.
(860) 892-7042

**DENTAL HEALTH SERVICES**
Provides comprehensive general dentistry, pediatric dentistry and preventive dental services to patients of all ages.
(860) 892-7042

**Special Smiles Dental Operatory**
A comfortable, calming dental suite for children with dental phobia, Autism, special needs, or for children making their first visit to the dentist.

**ELDERCARE SERVICES**

**Sheltering Arms**
A residential care home for men and women 60 years of age and older. Residents receive help with personal care and medication administration from a nurse or round-the-clock resident attendants. The monthly fee covers a private room, all meals, personal laundry, housekeeping services and recreational activities.
165 McKinley Avenue, Norwich • (860) 887-5005

**Ross Adult Day Center**
Medical model adult day program that provides meals, therapeutic recreation, daily living skills assistance, personal care, social supports, nursing services, medication management, rehabilitative therapy, podiatry, exercise programs and beautician services.
165 McKinley Avenue, Norwich • (860) 889-1252

**COMMUNITY OUTREACH SERVICES**

**Access to Care Program**
Screens uninsured clients to determine their eligibility for insurance programs such as HUSKY, Medicaid, Access Health CT and others. Clients who may be eligible are assisted in the application process.
UCFS Health Center (860) 822-4798

**The Eastern Connecticut Medical Home Initiative**
Provides care coordination services to children and youth with special health care needs and their families/caregivers. Care Coordinators work with children’s health care providers to link children and families to medical, educational and other community-based services.
(860) 822-4164

**Case Management**
Provides support and coordination of services to clients struggling with basic needs such as stable housing, food, health insurance, employment and training or barriers accessing health care services.

**COMMUNITY BASED BEHAVIORAL HEALTH SERVICES**

**Mobile Crisis Intervention Services**
Provides services for children and adolescents who are experiencing a psychiatric or behavioral health crisis.

**Intensive Family Preservation**
Provides in-home risk reduction and stabilization services for families referred by the Department of Children and Families.
(860) 822-4312

**Multidimensional Family Therapy**
Provides intensive in-home individual and family therapy and case management services for youth and adolescents ages 9-18 years who are using substances or at risk thereof.
(860) 822-4766

**Early Childhood Consultation Partnership**
Provides mental health consultation designed to meet the social and emotional needs of children birth to five by offering support, education and consultation to caregivers, early childhood centers and families.
(860) 822-4325

**Child First**
Intensive in-home clinical services for infants and children through age five who are experiencing social, emotional and behavioral health difficulties and their families, utilizing a professional team of a Master’s level Developmental Clinician and a Care Coordinator. Child First’s two generation approach builds strong, nurturing, caregiver-child relationships, promotes adult capacity and connects families with needed services.
(860) 822-4905

**Care Coordination**
Using the Wraparound team process, Care Coordination assists families who are not open in DCF in accessing and coordinating services for their child with significant behavioral health issues.
(860) 822-4301

**OUTPATIENT BEHAVIORAL HEALTH SERVICES**

**Counseling and Psychotherapy**
Provides a wide range of services (individual, couple, family and group therapy) to help clients with issues such as: grief, depression, anxiety, trauma, life crisis, parenting, divorce and separation, substance abuse, physical and sexual abuse and emotional and behavioral problems of children, adolescents and adults. In conjunction with therapy services we also offer psychiatric evaluation and medication management.

UCFS offers the following treatment modalities that recognize individual and family value goals, accommodate variation in cultural life styles and emphasize personal growth, development and situational change: Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, Eye Movement Desensitization and Reprocessing (EMDR), MATCH-ADTC, Motivational Interviewing, Seeking Safety, Social Learning, Solution Focused Therapy, Trauma Focused Cognitive Behavioral Therapy and Trauma Recovery Empowerment Model.
(860) 822-4900

**The Better Choice**
Provides outpatient counseling (individual, couples, family and group) for adults (18+) who struggle with gambling as well as those affected by gambling (i.e., spouse, family members and significant others). Peer counseling services are also available.
(860) 823-3094

**Autism**
Offers a range of outpatient health, educational and behavioral services in one location for individuals with Autism and other developmental concerns including: comprehensive assessments, psychopharmacology (medication), cognitive and behavioral interventions, social skills and communication, social learning groups, multifamily and parent groups. Professionals from different disciplines strive to deliver family-centered care that is comprehensive and coordinated.
(860) 822-4793

**Medication Assisted Treatment**
Combines behavioral therapy and medications to treat substance use disorders. MAT services include the use of the medication Suboxone primarily, trained clinicians facilitating MAT groups using Evidence Based Practices, prescribers trained in addiction medicine, on-site laboratory collection and a recovery coach to assist clients in the recovery process.
(860) 822-4392

**Family Based Recovery**
Provides intensive in-home services for families with children birth to 36 months who have been exposed to parental substance abuse.
(860) 822-4166

**Caregiver Support Team**
Provides intensive in-home, family focused and child specific interventions and case management to relative caregivers and secondarily, core foster families to promote family stability and children’s permanency. Families are referred by DCF.
Northern New London & Windham Counties • (860) 908-0243
Southern New London & Middlesex Counties • (860) 710-8184